U3A Albury Wodonga office is open from 9 a.m.—10 a.m. approx.
Monday—Friday
Address: Cardwell Building, Albury Wodonga Community College,
63 High Street, Wodonga Vic 3690
Postal Address: P O Box 129, Wodonga Vic 3689
Phone: (02) 6043 8217
Email: u3a@awcc.edu.au
What is U3A? Well it technically isn’t a university at all – no homework, no exams, no degrees or diplomas – just a lot of fun and interest with a good humoured group of mature women and men who seek to keep mentally active.

The University of the Third Age is a worldwide movement. Each U3A, nevertheless, is autonomous but able to enjoy the benefit of being part of a large, loose-knit association.

U3A Albury Wodonga is affiliated with the Albury Wodonga Community College (AWCC) at 63 High Street, Wodonga. Most classes are held at the College, with some at the Commercial Club and the Albury Library Museum.

We run some classes during school terms, most weekly, some fortnightly or monthly. These classes range from gardening to games, philosophy to investment, book study, the environment, current affairs and so on.

The aim is for members with a common interest to get together in order to learn from one another. All contribute according to knowledge and experience, and a volunteer coordinator helps the process run smoothly.

NEW MEMBERS ARE MOST WELCOME. One free trial session is offered and fees are a low $44 per person pa. Upon payment you can attend as many classes as desired. For more information please contact the U3A office between 9.00am and 10.00am Monday to Friday, or the AWCC office outside those hours.

Subjects available to members of the University of the Third Age, Albury-Wodonga are detailed in this guide.

An enrolment form can be detached from the back page of this guide. More forms are available from the U3A office. Completed forms may be posted or delivered to:

U3A Albury-Wodonga C/o AWCC
P O Box 129 (163 High Street), WODONGA 3689
Phone: (02) 6043 8200   Fax: (02) 6056 1612

Completed enrolment forms together with the annual fee, should be submitted by the last fortnight of the term of 2014, or by 23rd January 2015. N.B. Please refer to insurance notes at the end of this guide.

Late enrolments will be accepted, but classes will be formed on the basis of enrolments received by Friday 23 January.

Financial members of U3A Albury-Wodonga and Creative Learners can be admitted to U3A classes or approved to attend University lectures - see next page.

A monthly newsletter is distributed to all financial members of U3A in the first week of each month via Email, post and distribution in classes. You are asked to provide a supply of stamped addressed envelopes if you wish to receive your newsletter via Email please ensure that your Email address is written clearly on the enrolment form.

IF YOU HAVE ANY SKILLS OR TALENTS THAT YOU FEEL MAY BE OF INTEREST TO OTHER MEMBERS OF U3A ALBURY-WODONGA AND YOU WOULD LIKE TO OFFER A COURSE IN THIS AREA, PLEASE CONTACT A MANAGEMENT COMMITTEE MEMBER TO DISCUSS YOUR SPECIFIC TOPIC SO THAT WE CAN WORK OUT AN APPROPRIATE COURSE TOGETHER.
SEMESTER DATES FOR 2015

Semester 1: Monday 2 February
Mid-semester break: Friday 3 April
Re-commence: Monday 27 April
End semester: Friday June 26

Semester 2: Monday 27 July
Mid-semester break: Friday 18 September
Re-commence: Monday 5 October
End semester: Friday 11 December

No classes are held on Victorian public holidays.

ALBURY/WODONGA COMMUNITY COLLEGE

University of the 3rd Age would like to thank the Albury Wodonga Community College for their cooperation and support and express special thanks to the front office staff for their assistance throughout the year.

COURSE VENUE ADDRESSES
Albury Wodonga Community College (all except those listed below),
63 High Street, Wodonga
Commercial Club, 618 Dean Street, Albury
Albury Library/Museum, cnr Kiewa & Swift Streets, Albury
Music Appreciation Group is held in various private homes.

CREATIVE LEARNERS
63 High Street, Wodonga 3690

Your U3A Membership Subscription entitles you to enrol in any Creative Learners classes (course fees apply)
Classes may include but are not limited to:
Jewellery Making Paper Craft Leatherwork
Leadlight Line Dancing Strength Training
Watercolour Painting—Beginners and Advanced
Patchwork Embroidery Acrylic Painting

LATROBE UNIVERSITY
LaTrobe University Albury-Wodonga Campus permits U3A members to sit in on lectures, listen, take notes and read in the library, in some subjects.
If you wish to receive a LaTrobe timetable please write your request on your Community College Enrolment Form and submit it to the U3A office as soon as possible.
LaTrobe Semester Dates: Semester One commences on 2nd February 2015.
Semester Two commences on 27th July 2015.

Cost: Nil

Note: Please refer to insurance notes at the end of this guide.
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<tr>
<th><strong>MONDAY</strong></th>
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<tr>
<td><strong>Family History and the internet</strong></td>
<td>1st Monday of the month</td>
<td>AWCC, Wodonga</td>
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<tr>
<td><strong>Shares – Investigating Techniques</strong></td>
<td>1st &amp; 3rd Mon 10-12noon</td>
<td>Albury Library Museum</td>
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<tr>
<td><strong>Scrabble</strong></td>
<td>1:30 - 3:30pm</td>
<td>Commercial Club, Albury</td>
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<td><strong>CAE Book Study</strong></td>
<td>2nd Mon 1:30-3:30pm</td>
<td>AWCC, Wodonga</td>
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<tr>
<td><strong>Arts Appreciation</strong></td>
<td>3rd Mon 3:30-4:30pm</td>
<td>AWCC, Wodonga</td>
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<tr>
<th><strong>TUESDAY</strong></th>
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<tr>
<td><strong>Demystifying Computers</strong></td>
<td>Tuesday 10-12 noon</td>
<td>AWCC, Wodonga</td>
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<tr>
<td><strong>Sustainable Environment &amp; Development</strong></td>
<td>10-12noon</td>
<td>AWCC, Wodonga</td>
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<tr>
<td><strong>Mathematics Puzzles &amp; Computers</strong></td>
<td>10-12 noon</td>
<td>AWCC, Wodonga</td>
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<tr>
<td><strong>Music Appreciation</strong></td>
<td>2nd &amp; 4th Tues 2pm—4pm</td>
<td>Various</td>
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<tr>
<td><strong>How To Take Good Photos</strong></td>
<td>1:30-3:30pm</td>
<td>AWCC, Wodonga</td>
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<tr>
<td><strong>Thoughts &amp; Ideas</strong></td>
<td>1:30-3:30pm</td>
<td>AWCC, Wodonga</td>
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<tr>
<th><strong>WEDNESDAY</strong></th>
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<tr>
<td><strong>Mind, Heart and Spirit</strong></td>
<td>10 –12noon repeated</td>
<td>AWCC, Wodonga</td>
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<tr>
<td><strong>Share Market/Investor Discussion Group</strong></td>
<td>1pm.-3.pm</td>
<td>AWCC, Wodonga</td>
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<tr>
<td><strong>Garden Group</strong></td>
<td>10-12noon</td>
<td>AWCC, Wodonga</td>
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<tr>
<td><strong>Social Science</strong></td>
<td>1.00-300pm</td>
<td>AWCC, Wodonga</td>
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<tr>
<td><strong>Mah-jong</strong></td>
<td>1.00-4.00pm</td>
<td>AWCC, Wodonga</td>
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<tr>
<td><strong>Cryptic Crosswords</strong></td>
<td>1.30-3.00pm</td>
<td>Trinity Uniting Church</td>
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<tr>
<td><strong>Getting Started in Shares</strong></td>
<td>6 wks 11th Feb—18th Mar</td>
<td>Mate St, Albury</td>
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<tr>
<th><strong>THURSDAY</strong></th>
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<tr>
<td><strong>The Inspiration Behind the Arts</strong></td>
<td>12 noon—12.30pm</td>
<td>-AWCC, Wodonga</td>
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<td><strong>Philosophical Discussions</strong></td>
<td>10-12noon</td>
<td>AWCC, Wodonga</td>
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<tr>
<td><strong>Chess</strong></td>
<td>1.00pm - 3.00pm</td>
<td>AWCC, Wodonga</td>
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<th><strong>FRIDAY</strong></th>
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<td><strong>Coffee Morning</strong></td>
<td>2nd Friday 10am</td>
<td>AWCC, Wodonga</td>
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The Management Committee meets on the 1st Friday of the month.
MONDAY

FAMILY HISTORY AND THE INTERNET
This group will learn how to use the internet as a tool in researching family history, whilst recognising the pitfalls the internet contains. The group will be shown how to get the most from websites related to genealogy. The class will be interactive and members will be using computers with access to the internet. Beginners to family history as well as experienced researchers are welcome, but class members will need to have basic computer skills. This course is limited to ten participants.
Coordinator: Lin Starke
Venue: AWCC, 63 High Street, Wodonga
Day/Time: 1st Monday of the month, 10.00—12 noon
Starting: 2nd February
Cost: $30 for year (this levy is for access to the internet).

SHARES — Investing Techniques
This group focuses on shares listed on the Australian Stock Exchange. Members actively discuss the general criteria for selecting stocks. Individuals may create a personal strategy for investing and use an online stock filter to narrow the field of appropriate stocks. Members debate and test shares of interest against appropriate criteria. This group is for both learners and experienced investors.
Coordinator: Linda Martin
Venue: Albury Library/Museum
Day/Time: 1st & 3rd Monday of each month, 10.00—12 noon
Starting: 2nd February

SCRABBLE
This word game is easily learned and very enjoyable, increasing your knowledge and skills.
Coordinators: Wendy Cooksey and Sussan Carter
Venue: Commercial Club, Albury
Day/Time: Mondays 1:30-3:30pm
Starting: 2nd February
Cost: Nil

CAE BOOK STUDY (Monthly)
Books are supplied by the Council of Adult Education. We study one book a month.
Coordinator: Elaine Mann
Venue: AWCC, 63 High Street, Wodonga
Day/Time: 2nd Monday of each month 1:30-3:30pm
Starting: 9th February
Cost: $147 Full Fee-whole year
$130.83 Seniors Card - whole year
$92.61 Concession (Health Care Card only) - whole year.

ARTS APPRECIATION
Members’ interests range from opera, classical music, live theatre, ballet, Shakespeare through to art, jazz and concerts. We try to cater for all preferences over time, arranging outings to (mostly) local art galleries, museums and theatres. Note: Please refer to insurance notes at the end of this guide.
Coordinator: Barry Pinkerton
Venue: AWCC, 63 High Street, Wodonga
Day/Time: 3rd Monday of each month 3:30-4:30pm
Starting: 16th February
Cost: Nil
DEMYSTIFYING COMPUTERS
Lessons to help us become comfortable and proficient in the use of computers, moving from beginners to using various programs and applications.
Co-ordinator: Harold Cover
Venue: AWCC, 63 High Street, Wodonga
Day/Time: Tuesdays 10.00—12 noon
Starting: 3rd February
Cost: $15.00

SUSTAINABLE ENVIRONMENT & DEVELOPMENT
The course examines ecologically sustainable development (ESD). It debates the question of what is unsustainable development, and of what happens to current and future generations, and to the planet, if development is unsustainable.
Coordinator: Stan Best
Venue: AWCC, 63 High St, Wodonga
Day/Time: Tuesdays 10.00—12 noon
Starting: 3rd February
Cost: Nil

MATHEMATICS PUZZLES & COMPUTERS
We will conduct a short review of the history of mathematical and scientific development, then we will examine the most interesting of these developments in more detail, including the use of home computers in solving simple problems. Depending on class interest, we may tackle nuclear physics, quantum computing, black holes or any other topic of a scientific nature.
Coordinator: Robert Reid
Venue: AWCC
Day/Time: Tuesdays 10.00—12 noon
Starting: 3rd February
Cost: Nil

HOW TO TAKE GOOD PHOTOS
Photo techniques and composition
Many of us are not getting maximum use from our cameras because we do not use the many functions available, even in a relatively simple camera. This course will be tailored to the needs of participants, from understanding how to use simple automatic cameras to more advanced photographic techniques and the use of more sophisticated camera equipment.
Coordinator: Phil Bell (Albury Wodonga Camera Club)
Venue: AWCC, 63 High Street, Wodonga
Day/Time: Tuesdays 1:30—3:30pm
Starting: 3rd February
Cost: Nil

MUSIC APPRECIATION
The venue for the first meeting will be Unit168/36 Mountford Cres, East Albury. Members of the group will be advised by the Coordinator of the venues for future meetings.
Coordinator: Richard Rossington
Venue: Members will be notified on enrolment.
Day/Time: 2nd & 4th Tuesday of each month 2pm—4pm
Starting: 10th February
Cost: Nil
Restricted Enrolments: Due to venue limitations, enrolments are limited to 12.

note: Please refer to insurance notes on last page.
THOUGHTS AND IDEAS
In this class any member may present any topic of interest which is then discussed by the whole group. Members can join the group at any time. Members who have completed a short course on another topic may like to join in for the remainder of the semester.
Coordinator: Co-ordinator to be advised
Venue: AWCC, 63 High St, Wodonga
Day/Time: Tuesdays 1:30-3:30pm
Starting: 3rd February
Cost: Nil

MIND, HEART AND SPIRIT – Year 2
In this course, we not only address the major world religions, but we also probe the depths of human spirituality. What is spirituality? How does it relate to religion? How do we identify the spiritual part in each of us so that we can then address spirituality in our lives? How does spirituality relate to the medical sciences, psychology and healing?

Due to the popularity of this course, it will be offered both am and pm.
Coordinator: Gary Kenney
Venue: AWCC, 63 High Street, Wodonga
Day/Time: Wednesdays 10.00—12 noon
Starting: 4th February
Cost: Nil

SHARE MARKET/INVESTOR DISCUSSION GROUP
This group meets once a month to discuss the Share Market and to share ideas and philosophies with regard to the Investment Field. This group is for active investors.
Coordinator: Terry Pitt
Venue: AWCC, 63 High Street, Wodonga
Day/Time: 2nd Wed of each month 10.00—12 noon
Starting: 11th February
Cost: Nil

GARDEN GROUP
A supportive group for garden enthusiasts where knowledge, ideas and experiences are exchanged.
Topics include: Permaculture, no-dig gardens, specialty gardens, plants, vegie patch, lawns, soil, composting, water, worm farming, pots and striking experiences. Visits to open gardens, nurseries and guest speakers are arranged. For beginners, experts, weekend weeder and interested observers. Members input will be sought.
Coordinator: Shirley Farr
Venue: AWCC, 63 High Street, Wodonga
Day/Time: Wednesdays 10.00—12 noon
Starting: 4th February
Cost: Nil

Note: Please refer to insurance notes at the back of this guide
SOCIAL SCIENCE

The title Social Science is commonly used as an umbrella term to refer to anthropology, economics, political science and psychology. In a broader sense, it may often include humanities such as archaeology, communication studies, cultural studies etc. In this course, members would select some of the above areas for study and general discussion.

Coordinator: Bill Warnock and Andrew Christy
Venue: AWCC, 63 High St, Wodonga
Day/Time: Wednesdays 1:00pm—3:00pm
Starting: 4th February
Cost: Nil

MAH-JONG

This class will consist of both learners and experienced players. This is a very friendly group who help newcomers to learn the game and also welcome people at any level.

Coordinator: Helen Packham
Venue: AWCC, 63 High Street, Wodonga
Day/Time: Wednesdays 1:00—4:00 pm
Starting: 4th February
Cost: Nil

CRYPTIC CROSSWORDS

Unravel the mysteries and enjoy the pastime.

Coordinator: Jean Evans
Venue: Trinity Uniting Church, Mate Street, Albury
Day/Time: Wednesdays 1:30—3:00 pm
Starting: 4th February
Cost: Nil

GETTING STARTED IN SHARES

For those interested in the share market wishing to learn basic knowledge and strategies in preparation for investing. The sessions will introduce you to researching information, criteria for successful investing, personal investment decisions, the investment cycle and the cost of investing. How to research online, and materials from the Australian Stock Exchange and Standard and Poors will be also incorporated.

Coordinator: Linda Martin
Venue: Albury Library/Museum, Kiewa St, Albury
Day/Time: 6 Wednesdays 10-12noon
Starting: 12th February till 19th March
Cost: Nil
CHESS

Chess is good for the brain and fascinates most of the people who try it. This class will teach you the very fundamentals of the game. No previous knowledge or experience will be assumed. Continuing learning is scheduled and all levels of players welcome.

Coordinator: Steve Cullen, Barry Pinkerton
Venue: AWCC, 63 High Street, Wodonga
Day/Time: Thursdays 1.00—3.00
Starting: 5th February
Cost: Nil

PHILOSOPHICAL DISCUSSIONS

In this group, members discuss a variety of philosophical and ethical issues. We decide directions our discussions will take, based on the ideas of recent and past philosophers. In the last two years we have read and debated issues relating to two books written by contemporary philosophers.

Coordinator: John Schilling
Venue: AWCC, 63 High Street, Wodonga
Day/Time: Thursdays 10.00—12 noon
Starting: 5th February
Cost: Book Purchase - approx. $25.00

THURSDAY

THE INSPIRATION BEHIND THE ARTS
(A history of the arts in Western Society)

A history of the cross pollination of the arts (music, visual art, dance and drama)
We will look at the impact of technology, culture and social changes on the arts. And there should be a warning that there's a high possibility of some hands on participation.
Coordinator: Jenny O’Hara
Venue: AWCC, 63 High Street, Wodonga
Day/Time: Thursdays 12 noon—12.30
Starting: 5th March
Cost: Nil

THE INSPIRATION BEHIND THE ARTS
(A history of the arts in Western Society)
We will look at the impact of technology, culture and social changes on the arts. And there should be a warning that there's a high possibility of some hands on participation.
Coordinator: Jenny O’Hara
Venue: AWCC, 63 High Street, Wodonga
Day/Time: Thursdays 12 noon—12.30
Starting: 5th March
Cost: Nil

FRIDAY

PLEASE JOIN US AT THE U3A COFFEE MORNINGS
held on the second Friday of each month (excluding January and July)
at the Albury Wodonga Community College, 63 High Street, Wodonga.

10:00-10:30am: Tea/Coffee, biscuits ($1 donation) and chat with other members.
10:30-10:45am: Business and announcements.
10:45-11:30am: Guest Speaker - as advertised in the monthly newsletter, newspapers
Coffee Mornings are free and members of the public are welcome.
INSURANCE COVER FOR MEMBERS

In this age of insurance litigation it is important that all Members note-
U3A Albury Wodonga (U3A) is not an incorporated body. It is an organisation run
by unpaid volunteer members on behalf of all members. It operates under the auspi-
ces of the Albury Wodonga Community College (the College). U3A has no corpo-
rerate identity, has no insurance arrangements under its name and provides no insur-
cance cover for any member, class, activity or circumstance whatsoever.

When a member of U3A is attending a College approved U3A Class or other Col-
lege approved U3A activity on the premises of the College, that member is covered
by the College insurance arrangements. Classes listed in the Guide, when held on
College premises, have been approved by the College for that purpose.

Members making their homes available for a class activity by U3A members should
note that they are not covered by any College insurance arrangements unless prior
approval has been given by the College, in which case they will be notified by U3A
in writing. Without that approval they could be liable in case of an accident or other
misadventure suffered by a U3A member while on their premises and it is possible
that any domestic public liability insurance that they hold may not cover a conse-
quent claim arising in such circumstances. Members are therefore advised to check
their personal liability insurance before hosting U3A activities at their homes.

For information only, at any other U3A activity at a site outside the College premis-
es and not approved by the College a U3A member is not covered by the College
insurance arrangements, but may be covered by insurance arrangements for that site,
such as at the Albury Commercial Club.

Any form of travel by any means to or from U3A classes or other U3A activities or
on behalf of U3A is not covered by College insurance arrangements but may be cov-
ered by other insurance arrangements such as those of transport or tour operators or
by a member’s own private insurance. In this and the preceding paragraph whether
there is insurance cover or not is strictly a matter for the member and not the Col-
lege or U3A.
U3A Enrolment Form

Personal Details

Legal Name: ___________________________ Preferred Name: ___________________________

Date of Birth: ___________________________ Email Address: ___________________________
(d/d/m/m/yyyy)

Residential Address: ___________________________

Postal Address: ___________________________

Home Phone: ___________________________ Mobile Phone: ___________________________

Signature: ___________________________ Date: ___________________________

Emergency contact ___________________________ Phone Number: ___________________________

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<th>Course Name</th>
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U3A Extra Information

Personal Details

Name: ___________________________ Surname: ___________________________

Hobbies & Special Interests:

________________________________________

________________________________________

________________________________________

☐ I agree to abide by the policies and procedures of the U3A.

Signature: ___________________________